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Experiencing Pain, Injured Or Simply Wish to Lead A Healthier Lifestyle?

Dr. Williams

Chiropractic Care IS The Solution!

Get direct relief from pain and lower your risk of cancer, heart disease, stroke, osteoporosis, diabetes and more. Safe and gentle care for the entire family.



- Physical Therapy
- Massage Therapy
- Nutrition & Fitness Training
- Work & Auto Injuries
- Sports Injuries
- Stress & Headaches

Most Insurance Plans accepted.

"The Power That Made The Body, Heals The Body"

**Williams Family Chiropractic
(310) 598-6020**

www.QWchiropractic.com

LCR#: 1 FREE Chiropractic massage (\$75 value) 11340 W.Olympic Blvd, Ste. 301

Why Chiropractic?

It's a scientific fact that your Brain, Spinal Cord, and Nerves control every aspect of the body. Any interference on the vital nerve links between the brain and the body will result in the body not being able to function at its maximum capability. A common source of interference comes from abnormal alignment of the spinal column which encases the "information super highway" of the spinal cord.

Nerve pressure can cause numbness, weakness or the under-performance of organs and tissues. Also, spinal misalignment (bad posture included) can cause nerve tissue to stretch and become irritated. This can distort nerve messages between your Body and Brain. The result can manifest in a number of ways including but not limited to having a hyperactive organ function, high blood pressure and even pain!

Therefore, the focus of Chiropractic care is on the integrity of your nervous system in order to allow the body to heal on its own. A healthy lifestyle involves a healthy nervous system along with incorporating proper stress management, nutrition and exercise techniques.

Always remember...

*"The Power That Made The Body,
Heals The Body"*

This Smart Buyer's Guide is provided courtesy of **William's Family Chiropractic.**

For more info go to:
www.QWChiropractic.com